

Serving Seniors in Need

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AGELESS *Remarkable* SAINT LOUISANS

On Saturday, October 1, 2022, St. Andrew's Charitable Foundation held its 18th Ageless Remarkable Saint Louisans Gala at the Hyatt Regency St. Louis at the Arch.

The gala honors the outstanding lifetime achievements of inspirational individuals, 70 years or better, actively making a difference in St. Louis through career, volunteerism or philanthropy.

NEARLY \$300,000 WAS RAISED TO PROVIDE LOW-INCOME SENIORS WITH VITAL PROGRAMS AND SERVICES.

A very special thank you to our gala co-chairs, Laura J. McBride and Sabina Pugh. They, along with 300 guests, our sponsors and St. Louis community partners raised nearly \$300,000 to provide low-income seniors with vital programs and services so that they may remain living safely, independently and healthy in their own homes.

AGELESS *Remarkable* SAINT LOUISANS

Our Ageless Remarkable Saint Louisans Gala hosted by St. Andrew's Charitable Foundation on October 1st was truly remarkable. After a two-year hiatus due to Covid, we were excited to gather again at the Hyatt Regency St. Louis at the Arch to honor 11 remarkable individuals for their continued community commitment in their later years of life. These individuals show their commitment through their work, volunteerism, public service, leadership, and major accomplishments. The evening featured honoring these 11 Ageless Remarkable Saint Louisans along with sharing about our mission, recognizing Mary Alice Ryan, former President & CEO, for her years of service, a St. Louis sports auction, and a fund a need to raise funds to directly support our services for low-income seniors. A special thank you to our emcee, Dan Gray with KTVI Fox 2 and KPLR News 11 and Gala Co-Chairs, Laura J. McBride and Sabina Pugh. Thanks to the generosity of our attendees, sponsors, and others, we were able to raise nearly \$300,000. This funding will allow us to continue to provide services such as in-home care assistance, delivery of healthy groceries, home repairs and modifications and health care services. Our comprehensive services help seniors remain in their homes safely and independently with dignity.

Save the Date for our 19th Annual Ageless Remarkable Saint Louisans Gala on September 30, 2023, at the Hilton St. Louis Frontenac.

Do you know an individual that is doing remarkable things at the age of 70 or better? Nominate them for the Class of 2023 Ageless Remarkable Saint Louisans. Nominations are now open and you can find the nomination form on our website at <https://www.standrewscharitablefoundation.org/>, click on the box at the top of the home page or call 314-802-1126 to have a form mailed to you. Deadline for nominations is March 1, 2023.



Mike and Mary Houlihan and Diane McCullough



John R. and Susan Musgrave

Dr. Brittany Conners and
Dr. Karen Frank Barney



2022 Honorees. Left to right Front Row: Bruce Yampolsky, Michael Houlihan, Dr. Karen Frank Barney. Back Row: Dr. William C. Finnie, Dr. Gerald Early, Jane Piper Gleason, Diane McCullough, Jim Kiley, Harvey N. Wallace, Mary Ann Mastorakas, John R. Musgrave





Olivia Waidmann and Laura J. McBride



Bruce Yampolsky



Harvey N. Wallace, Madeleine Elkins and family



Dr. Gerald and Ida Early and Jane Piper Gleason

Deborah Palazzola, Mary Ann Mastorakos, Rev. Dr. Richard and Johann Ellerbrake, Joe Palazzola.



Dr. William C. Finnie and Dr. Gerald Early



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DIAMOND NAP TAX CREDIT SUPPORTERS



Brooke Hunady with Moneta



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St. Andrew's Charitable Foundation was chosen to participate in the 2022 Thinksgiving at Cortex. Filament's Thinksgiving connects St. Louis nonprofits with innovative teams from smart companies for a day of creative problem-solving focused on the future. We were honored to be paired with a team from Enterprise Bank & Trust to work on our challenge of raising awareness to build our board of directors and donor base. We spent a day together creatively thinking of ways to address this challenge and walked away with three 90-day experiments, a new partnership and most of all new friendships. Thank you to our team from Enterprise Bank & Trust and Filament for this awesome opportunity.



Mission Moment

Eldora is a resident at St. Andrew's Rush Senior Gardens located in East St. Louis. She is 94 years old and had been monitoring her own blood pressure daily. Whenever Eldora noticed her blood pressure was extremely high, she would call an ambulance to help her which happened quite frequently. When St. Andrew's opened a third on-site health clinic in February 2022 at Rush Senior Gardens, Eldora was one of the first clients to utilize the services. The on-site health clinic offers the residents at the HUD community preventative healthcare services at no charge to the patient. Now, Eldora sees the nurse twice weekly to keep her chronic hypertension under control. She has worked with the clinic nurse to

review her medications, receive health education, and has a better understanding of the importance of nutrition and hydration in relation to her chronic condition of hypertension. Eldora now knows it is imperative to take her blood pressure medications at the same time every day, to monitor her dietary intake, and to drink more fluids. This education has drastically improved her blood pressure and Eldora has not had to call for EMS services since the clinic opened! Your support of St. Andrew's Charitable Foundation provides health care services and more for low-income seniors, like Eldora, throughout the St. Louis region.

NEIGHBORHOOD ASSISTANCE PROGRAM (NAP) TAX CREDITS



St. Andrew's Charitable Foundation has **Neighborhood Assistance Program (NAP) Tax Credits**.

What are NAP Tax Credits? NAP tax credits allow you to direct a portion of your state income taxes to St. Andrew's Charitable Foundation. These funds directly support the needs of low-income seniors through our Circle of Care and Safe Home for Seniors programs.

Who Qualifies for NAP Tax Credits? Any qualified person, firm, or corporation in business in Missouri could be eligible to receive NAP tax credits.

To qualify, donors must be one of the following:

- Individuals with income from royalties or rental property
- Sole proprietors
- Corporations
- S-corporations
- Partnerships
- Limited liability corporations
- Farm operations

Examples of how NAP Tax Credits are computed:

Donation Amount	\$1,000.00	\$2,500.00	\$5,000.00	\$10,000.00	\$25,000.00
50% State Tax Credit	\$500.00	\$1,250.00	\$2,500.00	\$5,000.00	\$12,500.00
Federal charitable deduction based on 35% tax bracket	\$350.00	\$875.00	\$1,750.00	\$3,500.00	\$8,750.00
MO charitable tax deduction based on 6% state tax bracket	\$60.00	\$150.00	\$300.00	\$600.00	\$1,500.00
Reduced Federal deduction for State tax based on 35% Federal tax bracket	Add back \$175	Add back \$437.50	Add back \$875	Add back \$1,750	Add back \$4,375
Out of pocket	\$265.00	\$662.50	\$1,325.00	\$2,650.00	\$6,625.00

Please Note: As with any charitable giving, please consult your tax advisor for qualification and tax savings.

SAVE THE DATE

**APRIL 24, 2023
1:30 P.M.**

TEE UP FORE Seniors
TOPGOLF CHESTERFIELD





CEO BILL HOLMAN FIRST YEAR BRIEFING

My how time flies! Bill Holman, President/CEO of St. Andrew's Resources for Seniors System celebrated his one-year work anniversary on January 3, 2023. Bill came to St. Andrew's from Annapolis, MD where he was CEO of Ginger Cove life care community. He has held executive leadership positions in Senior Living organizations for more than twenty years. Bill is also a Certified Public Accountant (CPA), Licensed Nursing Home Administrator (LNHA) and holds BS degrees in Finance and Accounting and an MS degree in Management in Aging Services. Bill is married to his wife, Melissa, and has two sons. His family moved to St. Louis last summer, and they reside in Clayton. Learn more about Bill and his first year at St. Andrew's.

What is one thing everyone should know about St. Andrew's Charitable Foundation?

Everyone should know the significant impact of the Foundation improving the lives of older adults in St. Louis. The Foundation's funding supports thousands of older adults with on-site health clinics, home repairs and modifications, assistance to remain at home, and providing healthy meals. This is accomplished by our dedicated Board of Directors and Team.

What has been your greatest accomplishment in 2022 during your first year as President and CEO of St. Andrew's? 2022 has been a very busy year for the St. Andrew's system. I have enjoyed visiting our communities and hearing from our residents and team.

In addition to that, our greatest accomplishment was working with the Board and leadership team to craft the future strategic vision and framework for St. Andrew's. I was very pleased Foundation Board leadership participated in the system strategic visioning work. This vision and framework will be used to formulate the upcoming strategic initiatives for the system.

What are your 2023 plans for St. Andrew's? 2023 will provide the opportunity to begin executing the strategic initiatives to come from our visioning. Greater emphasis will be given to promote the St. Andrew's brand and system offerings. The St. Andrew's system has so much to offer older adults whether it is community living or assistance to stay at home. We look forward to promoting those offerings so more St. Louisans are aware of the many great things St. Andrew's can provide.

What is your favorite thing to do in Saint Louis? We have been enjoying the many amenities St. Louis has to offer. Thus far, our favorite things to do have been visiting Shaw Park for recreation and Ballpark Village for Cardinal games.

Have you found a favorite restaurant yet? We have found there are many great restaurants in St. Louis. Family favorites are Il Bel Lago, Peel, and Five-Star Burgers.

MEET OUR NEW BOARD MEMBER



St. Andrew's Charitable Foundation would like to welcome Nikki Bolden to our board of directors. Nikki joined the board in April of 2022. She has enjoyed a successful, 20+ year luxury retail career working as a Fine Jewelry Specialist and sought-after Style Consultant. Nikki is a multi-year honoree of the \$3M-plus sales club at Saks Fifth Avenue. In addition to professional success, Nikki is an active member and avid volunteer in the community. She has chaired multiple social events with Chaminade College Preparatory School and the Cultural Leadership Board. Bolden has also volunteered with Father Dempsey's Charities, Almost Home, and Gateway 180 and currently serves as the Diversity Equity Inclusion Advisor on the Saks Fifth Avenue St. Louis branch board. She is a multi-award recipient having been recognized by the 50 Most Intriguing Women in St. Louis and DELUX Magazine's Power Couple. Nikki and her husband Byron, founding owner of National Investments LLC, share 3 sons; the 2 oldest are enjoying their professional endeavors, and the youngest is a multi-year Dean's List recipient studying pre-med at Baylor University.

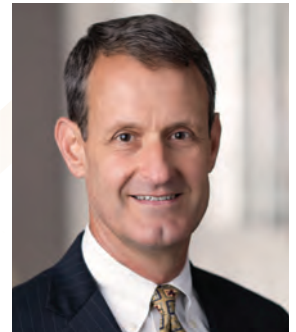
BOARD MEMBER SPOTLIGHT

Leo MacDonald, Jr., Principal at Carmody MacDonald, joined the St. Andrew's Charitable Foundation Board of Directors in 2016 and his final term ends April 2023. During this time Leo has been an asset to the Foundation lending his knowledge of taxation, business law and estate planning along with his experience serving on other nonprofit board of directors. Leo also serves on the St. Andrew's Resources for Seniors System Board of Directors. He joined this board in 2018 and currently serves as a member of the Executive, Administration & Finance and Compensation Committees and Chairs the Governance Committee. St. Andrew's would like to thank Leo for his time, talents and treasures helping seniors. Read more to learn about Leo's experience.

What drew you to the St. Andrew's Charitable Foundation's mission? I was first introduced to St. Andrew's by my co-worker Mark Hillis, who is a longtime board member, and he shared with me the wonderful services it provides to struggling seniors throughout St. Louis. At the time I was not aware so many low-income seniors needed services to stay in their homes.

What should everyone know about St. Andrew's Charitable Foundation? People should know about the incredible impact the Foundation is making to keep local seniors healthy, happy, and safe in their homes. Many seniors prefer to age in place, and without the free services it provides to low-income seniors this would not be possible. These seniors live on an average income of \$12,000 a year and often choose between food or medication.

What has been your favorite part of being a Foundation board member? One of my favorite activities has always been participating in the Holiday Hugs program at the HUD properties where we brought gifts to the residents and served them lunch. I've also enjoyed meeting all the wonderful people that support the Foundation, including other board members and attendees and honorees at the Ageless Remarkable St. Louisans Gala. It has also been wonderful to help spread awareness to others and get more people involved to support the mission.



How has serving on the Foundation board impacted you? It has greatly impacted my knowledge about the senior community, their struggles, and their needs. Seniors have done so much for us, that it only seems fitting to now give back to help them. Serving on the board has opened my eyes to all the issues our seniors are facing. I strongly believe in the St. Andrew's living communities and have a family member residing at one. I appreciate all that they do for our seniors.

Is there a story that stands out to you? One of the things I will always remember is being at the Grand Opening of the St. Andrew's Zion Corner Apartment/Sammie E. Jones Residence, a HUD property and getting to meet many of the senior residents. It was a wonderful experience to see the smiles on their faces and meet seniors who receive no cost services from the Foundation.

St. Andrew's Charitable Foundation is accepting nominations for board members. If you or someone you know has an interest in issues affecting seniors and the ability to help the Foundation further its strategic objectives and build its image in the community, please contact **Janet Leigh at 314-802-1940 or jleigh@standrews1.com** for more information.



ST. ANDREW'S CHARITABLE FOUNDATION
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2022 TAX RECEIPT LETTERS

Tax Receipts are mailed after each donation, if you misplaced yours and need a 2022 Tax Receipt, please contact our office at cfdevelopment@standrews1.com or 314-802-1126.

 If you'd like to support at-risk seniors, please consider sending a gift in the enclosed envelope today.

*Thank You
 for your support!*

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